

BREAKFAST

NOVEMBER 2023

Spencerville K-12

No Breakfast Served Delay Days

K-4: \$1.35 5-12: \$1.45 Reduced: \$.0 Extra Milk \$.75

No Charging allowed for Breakfast
Menu subject to change
Carb counts included on menu beside the entrée.

Monday

Tuesday

Wednesday

Thursday

Friday



- Fruit- Fresh**
Apple-19 Banana-27 Orange-21
Grapes-15 Pear-22 Melons-9
- Fruit- Canned**
Peaches-14 Peas-16 Mx Fruit-10
Pineapple-19 Juice-15 Raisins-27
Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20
- Fruit- Frozen**
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
- Milk: Choc-20, White-13**

6

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

7

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

1

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

2

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

3

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

13

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

14

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

8

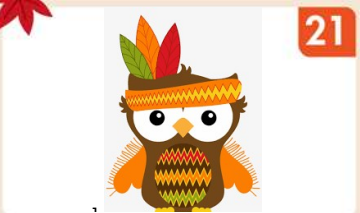
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

9

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

10

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



27

Pop Tarts-36/72
Juice/Fruit
Milk

21

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

15

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

16

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

17

Fruit Strudel, Bagel or
Crescent Stick-36
Juice/Fruit
Milk

28

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

29

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

24

Happy Thanksgiving

30

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk



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Serving Up...Bearcat Pride!!

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Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
Milk: Choc-20, White-13

Mini Donuts-41 **6**
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Juice/Fruit
Milk

French Toast Sticks-38 **7**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **1**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, **2**
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

Breakfast Uncrustable-16 **3**
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

Mini Donuts-41 **13**
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Juice/Fruit
Milk

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Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **8**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, **9**
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

Breakfast Uncrustable-16 **10**
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



Pop Tarts-36/72 **27**
Juice/Fruit
Milk

French Toast Sticks-38 **21**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **15**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, **16**
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

Fruit Strudel, Bagel or **17**
Crescent Stick-36
Juice/Fruit
Milk

Pop Tarts-36/72 **28**
Juice/Fruit
Milk

French Toast Sticks-38 **28**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
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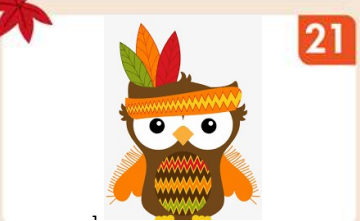
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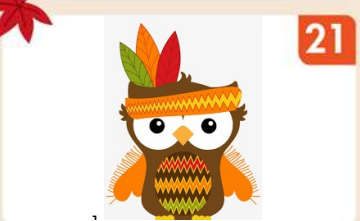
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Warm Glazed Donut-35 **1**
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Juice/Fruit
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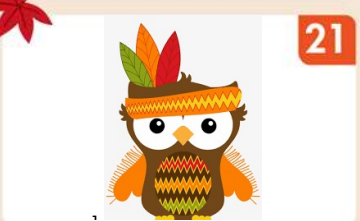
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Mini Donuts-41 **6**
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Juice/Fruit
Milk

French Toast Sticks-38 **7**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **1**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 **2**
Juice/Fruit
Milk

Breakfast Uncrustable-16 **3**
Or Pancake Sausage Stick-23
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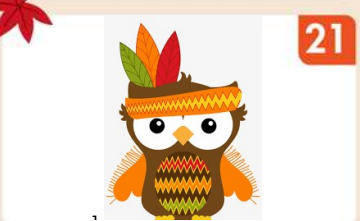
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Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 **9**
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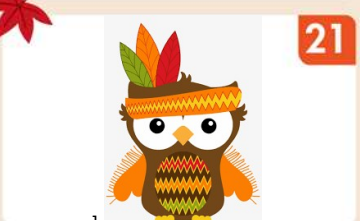
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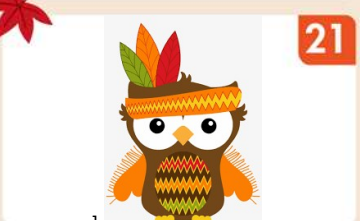
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Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

15
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

16
Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

17
Fruit Strudel, Bagel or
Crescent Stick-36
Juice/Fruit
Milk



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Serving Up...Bearcat Pride!!

BREAKFAST

NOVEMBER 2023

Spencerville K-12

No Breakfast Served Delay Days

K-4: \$1.35 **5-12:** \$1.45 **Reduced:** \$.0 **Extra Milk** \$.75

No Charging allowed for Breakfast
Menu subject to change
Carb counts included on menu beside the entrée.

Monday

Tuesday

Wednesday

Thursday

Friday



Fruit- Fresh
Apple-19 Banana-27 Orange-21
Grapes-15 Pear-22 Melons-9
Fruit- Canned
Peaches-14 Peas-16 Mx Fruit-10
Pineapple-19 Juice-15 Raisins-27
Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
Milk: Choc-20, White-13

6
Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

7
French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

1
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

2
Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

3
Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

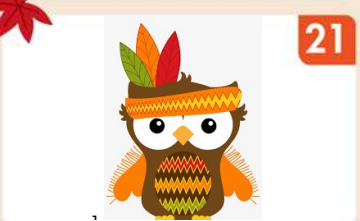
13
Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

14
French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

8
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

9
Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

10
Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



27
Pop Tarts-36/72
Juice/Fruit
Milk

21
28
French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

15
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

16
Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

17
Fruit Strudel, Bagel or
Crescent Stick-36
Juice/Fruit
Milk



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Fruit- Fresh
Apple-19 Banana-27 Orange-21
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Fruit- Canned
Peaches-14 Peas-16 Mx Fruit-10
Pineapple-19 Juice-15 Raisins-27
Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20
Fruit- Frozen
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
Milk: Choc-20, White-13

Mini Donuts-41 **6**
●●●●●●●●
Juice/Fruit
Milk

French Toast Sticks-38 **7**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **1**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 **2**
Juice/Fruit
Milk

Breakfast Uncrustable-16 **3**
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

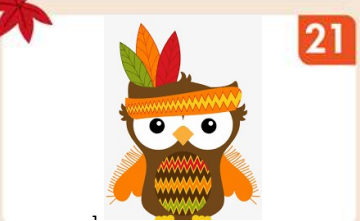
Mini Donuts-41 **13**
●●●●●●●●
Juice/Fruit
Milk

French Toast Sticks-38 **14**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **8**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 **9**
Juice/Fruit
Milk

Breakfast Uncrustable-16 **10**
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



Pop Tarts-36/72 **21**
Juice/Fruit
Milk

French Toast Sticks-38 **21**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **15**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 **16**
Juice/Fruit
Milk

Fruit Strudel, Bagel or Crescent Stick-36 **17**
Juice/Fruit
Milk

Pop Tarts-36/72 **27**
Juice/Fruit
Milk

French Toast Sticks-38 **28**
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

Warm Glazed Donut-35 **29**
●
Juice/Fruit
Milk

Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 **30**
Juice/Fruit
Milk



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Serving Up...Bearcat Pride!!

Monday

Tuesday

Wednesday

Thursday

Friday



- Fruit- Fresh**
Apple-19 Banana-27 Orange-21
Grapes-15 Pear-22 Melons-9
- Fruit- Canned**
Peaches-14 Peas-16 Mx Fruit-10
Pineapple-19 Juice-15 Raisins-27
- Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20
- Fruit- Frozen**
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
- Milk: Choc-20, White-13**

6

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

7

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

1

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

2

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

3

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

13

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

14

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

8

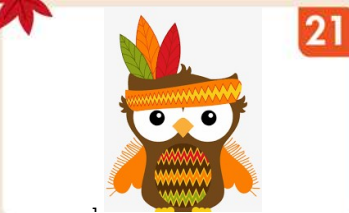
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

9

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

10

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



27

Pop Tarts-36/72
Juice/Fruit
Milk

21

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

15

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

16

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

17

Fruit Strudel, Bagel or
Crescent Stick-36
Juice/Fruit
Milk

29

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

28

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

29

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

30

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

24

GIVE THANKS

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Serving Up...Bearcat Pride!!

Monday

Tuesday

Wednesday

Thursday

Friday



- Fruit- Fresh**
Apple-19, Banana-27, Orange-21
Grapes-15, Pear-22, Melons-9
- Fruit- Canned**
Peaches-14, Peas-16, Mx Fruit-10
Pineapple-19, Juice-15, Raisins-27
Applesauce-20, Raisins-27, Blueberries-11
Peach Crumble-20, Warm Apples-20
- Fruit- Frozen**
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
- Milk: Choc-20, White-13**

6

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

7

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

1

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

2

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

3

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

13

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

14

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

8

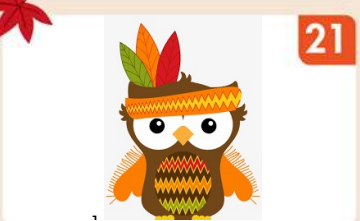
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

9

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

10

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



27

Pop Tarts-36/72
Juice/Fruit
Milk

21

28

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

15

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

16

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

17

Fruit Strudel, Bagel or
Crescent Stick-36
Juice/Fruit
Milk



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Applesauce-20 Raisins-27 Blueberries-11
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- Fruit- Frozen**
Frozen Slush Cups/Pouches-25
Frozen Strawberry or Peach Cup-20
- Milk: Choc-20, White-13**

6

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

7

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

1

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

2

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

3

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

13

Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

14

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

8

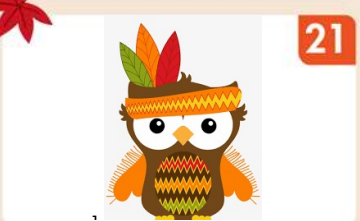
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

9

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

10

Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



27

Pop Tarts-36/72
Juice/Fruit
Milk

21

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

15

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

16

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
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Crescent Stick-36
Juice/Fruit
Milk

28

French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

29

Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

24

Happy Thanksgiving

30

Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk



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NOVEMBER 2023

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Monday

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Wednesday

Thursday

Friday



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Apple-19 Banana-27 Orange-21
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Fruit- Canned
Peaches-14 Peas-16 Mx Fruit-10
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Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20
Fruit- Frozen
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Frozen Strawberry or Peach Cup-20
Milk: Choc-20, White-13

6
Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

7
French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

1
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

2
Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

3
Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk

13
Mini Donuts-41
☺☺☺☺☺☺
Juice/Fruit
Milk

14
French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

8
Warm Glazed Donut-35 ☺
Juice/Fruit
Milk

9
Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
French Toast Bar-48
Juice/Fruit
Milk

10
Breakfast Uncrustable-16
Or Pancake Sausage Stick-23
Juice/Fruit
Milk



27
Pop Tarts-36/72
Juice/Fruit
Milk

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French Toast Sticks-38
Or Egg, Cheese & Sausage
Breakfast Bagel-23
Juice/Fruit
Milk

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Juice/Fruit
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Banana Chocolate Chunk,
Oatmeal Chocolate Chip or
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Juice/Fruit
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Juice/Fruit
Milk



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